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From ASSESSMENT & THEORIES to RESULTS

3 Keys to Discipline

- 1) Nurture
- 2) Set Limits
- 3) Consistency

BASIC BEHAVIORAL INTERVENTION PLAN

- 1) Identify the Negative Behavior
- 2) Identify the Underlying Issue
- 3) Prevent the Negative Behavior
- 4) Provide/Promote the Alternative Behavior that serves the Underlying Issue

ASSESSMENT

What Happened? What is Happening? Data, Experiences, Observations, Interactions, History,



THEORIES

Why? What for? Benefit, Gain, Avoidance, Sensory Stimulation? Compelling Need(s), Cause, Origin



STRATEGIES

Direct, Peer, Authoritative, Nurturing, Clarification, Limit Setting, Reward, Alliances, Collaboration, Mentoring, Rule Setting, Punishment, Threats, Referrals (Counseling, Education, Social Services), Empowerment, Community, Give Responsibilities, etc.



INTERVENTIONS

Specific Programs or Actions (i.e. Behavioral Incentive Plan, Referral to Mental Health, Social Services, Educational Support, Communication w/ social Worker, Probation Officer, Savings Account, IEP, specific classes or training, political action, legal recourse, alliances, bargaining, trade, threats, etc.)



STYLE

Gentle, Firm, Nurturing, Direct, Indirect, Authoritarian, Authoritative, Avoidant, Challenging, Confrontational, "Hard Ass", Paradoxical, Confident, Confused, Shaming, Sarcastic, Humorous, "Buddy", Educational, Parental, etc.



****RESULTS****

6 S's: Safety, Security, Stability, Structure, Serenity, Sanity

**boundaries
change & growth**

Behavioral, Attitudinal, Hope/Vision, Trust, Risk-taking, Peers, Relationships, Vocational, Economic, Educational, Social, Self-Care, Self-Esteem, Inclusion, Exclusion, Stabilization, Healing, Progression, Structural, Organizational, Financial, etc.