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SETTING BOUNDARIES WHEN IT'S NECESSARY, HOW IT WORKS, CREATING THE CONTAINER

OVERVIEW: This workshop examines when boundaries are necessary in children's lives and how they are effective...and when they are ineffective. The limitations to boundary setting for growth and change. Boundary setting as the foundation for the growth and change process. Implicit and explicit messages given in boundary setting that affirm or compromise effectiveness. In addition, the internal boundary distinctions adults need to understand in order to discipline appropriately. Developmental principles and adjustments to boundary setting from preschool to adolescence will also be examined.

1. INTERVENTIONS— The Relationship of “The Hammer” to Assessment and Theory
2. BOUNDARIES - CONSEQUENCES – FOLLOW-THROUGH - CONSISTENCY
3. TIMEOUT THEORY—FOUR THEORIES OF TIMEOUT
Three Problematic Theories and One Socially Sound Theory
4. PERMISSION FOR IRRESPONSIBILITY
Socialization—Individual and Community Concerns
5. POSITIVE & NEGATIVE CHOICES and POSITIVE & NEGATIVE CONSEQUENCES
TRUE CHOICE & LEARNING CONSEQUENCES
6. MESSAGES FROM BOUNDARIES
Distinctions Between Blame, Shame, Fault, Guilt, and Responsibility
7. COMMUNICATION BOUNDARIES AND ISSUES—“Fighting about the Garbage”
Verbal & Non-Verbal Communication
Overt & Covert Communication
Direct & Indirect Communication
8. LIMITS DERIVED FROM YOUR LEVEL OF FRUSTRATION
9. BOUNDARIES FROM SYMBOLISM FROM CULTURAL HERITAGE (including Family of Origin Issues)
10. BOUNDARIES AS EXCLUSION & DANGER vs. THE CONTAINER OF SAFETY
11. CONTEXT FOR BOUNDARIES
Time, “Now” & “Not Now,” Transitions
Developmental Differences & Distinctions
12. CLARIFYING THE ADULT ROLE
13. BOUNDARIES AND OPPORTUNITIES—“I Hate You!!”
14. “THE LAST COOKIE”