



**Ronald Mah, M.A., Ph.D.**

Licensed Marriage & Family Therapist, MFC32136

Psychotherapy, Parent Education, Consulting & Staff Development

433 Estudillo Ave., #305, San Leandro, CA 94577-4915

(510) 582-5788 Office - (510) 889-6553 fax - E-mail: [Ronald@RonaldMah.com](mailto:Ronald@RonaldMah.com) - Web: [www.RonaldMah.com](http://www.RonaldMah.com)

---

## **CONFLICT RESOLUTION W/ YOUNG CHILDREN including Issues Around Victims, Abusers/Bullies, & Survivors**

**OVERVIEW:** This workshop makes the connections between aggression, violence, and self-esteem as they develop in children. The developmental processes of the victim, abuser/bully, and survivor are discussed with reference to parenting styles, both positive and problematic. Methods are presented to build self-esteem in children and to protect them from becoming abusers/bullies and/or victims. The 90 Second-A-Day Child Self-Esteem Prescription Plan brings together these principles in simple but powerful interactions between adults and children.

### **1) KEY ISSUES IN CONFLICT RESOLUTION**

Rescuing versus Stressing; Allowance for Failure and Frustration

### **2) VIOLENCE as BULLYING**

Repetition, Aggression, Negative Intent, and Power Difference

Behavior, Verbalization To, and Verbalization About

RELATIONAL AGGRESSION (gender differences)

### **3) WHAT IS SELF-ESTEEM MADE UP OF?**

ACCEPTANCE, POWER & CONTROL, MORAL VIRTUE, & COMPETENCE

### **4) ABUSERS & BULLIES in terms of VIOLENCE/AGGRESSION**

and the Search for Acceptance, Power & Control, Moral Virtue, & Competence

Problems; Causes, Characteristics

THE COERCION PARENTING MODEL

NONCONTINGENT PARENTING

RELATIONAL AGGRESSION

THE REACTIVE BULLY- Both Bully & Victim

### **5) VICTIMS in terms of VIOLENCE/AGGRESSION**

and the Search for Acceptance, Power & Control, Moral Virtue, & Competence

ANXIOUS VULNERABILITY

NON-CONFLICT SUBMISSIVENESS

### **6) SURVIVORS in terms of VIOLENCE/AGGRESSION**

and the Search for Acceptance, Power & Control, Moral Virtue, & Competence

VERBAL FLUENCY

### **7) ESSENTIAL INGREDIENTS TO POSITIVE CONFLICT RESOLUTION**

GOALS IN ARGUMENTS/FIGHTS vs. WORKING THINGS OUT

ASSUMPTIONS IN ARGUMENTS/FIGHTS vs. WORKING THINGS OUT

RULES IN ARGUMENTS/FIGHTS vs. WORKING THINGS OUT