

C⁴ - Caring
Confidence
Consistency
Courage

R² - Resources
Resiliency

I - Identity

S - Strength

I - Integrity

S - Skills



Danger + Opportunity = Crisis!!



Ronald Mah, M.A., Ph.D.

Licensed Marriage & Family Therapist, MFC32136

Psychotherapy, Parent Education, Consulting & Staff Development

433 Estudillo Ave., #305, San Leandro, CA 94577-4915

(510) 614-5641 Office - (510) 889-6553 fax - E-mail: Ronald@RonaldMah.com - Web: www.RonaldMah.com