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**OUT OF THE TWILIGHT ZONE
DISCIPLINE FROM THE INSIDE OUT**

WHY, HOW COME, WHAT FOR

HOW COME- for the kids

Socialization- positive aspects; potential negative aspects.

From the kid's perspective- the experiential perspective:

What is important to kids.

Likability- "Nobody likes me." Gaining Self-esteem. Social acceptance. Validation-

HOW COME- for parents and teachers

DISCIPLINE

Communication- Overt & covert, Surface messages & metamessages. Misunderstood metamessages.

Patience and Tolerance Distinction

Showing or not showing anger.

Disciplining versus Instilling Discipline.

HOW TO

Discipline as Education

Discipline for the situation and child(ren), and Discipline as Investment

Power struggles

Blame and Responsibility- A Vital Distinction

Unconditional Positive Regard

Unconditional Security in Parents' Love

A Hierarchy of Discipline

THE DISCIPLINER- HOW YOU AFFECT THE DISCIPLINE

The Responsibility of the Discipliner/the Vulnerability of the Child

Willingness to be the Ogre

Over-Investment and Vicarious Achievement

Temperamental Differences

Learning Style Differences

The fool, the average person, and the wise man or woman.

Family system theory:

Parent Chaos

The Identified Patient: Scapegoating & Sacrificing

Anger and Frustration: Taking care of anger; What are you frustrating; Is your child after you?

TAKE CARE OF YOURSELF