



Ronald Mah, M.A., Ph.D.

Licensed Marriage & Family Therapist, MFC32136

Psychotherapy, Parent Education, Consulting & Staff Development

433 Estudillo Ave., #305, San Leandro, CA 94577

(510) 614-5641 Office - (510) 889-6553 fax - E-mail: Ronald@RonaldMah.com - Web: www.RonaldMah.com

“JUST’ PLAYING IS JUST GREAT!!”
DEVELOPMENTALLY APPROPRIATE PRINCIPLES & SELF-ESTEEM

When “I can’t” turns into “I’m bad!”

Play to Learn - Play to Grow - Play as Essential - From Developmental Play Theory to Play Therapy

Focus is on helping adults understand how ignorance of developmentally appropriate practice, especially play needs with children leads to destruction of their self-esteem; and conversely, how this understanding can help adults create a nurturing esteem-building environment for children. Developmental and psychological theory is made real, understandable, and applicable for pragmatic techniques that will foster your children's self-esteem.

Learning Objectives include:

- Participants will learn about the relationship of self-esteem and developmentally appropriate practices.
 - Participants will learn about the role of play in healthy development.
 - Participants will learn about the four foundations of self-esteem.
 - Participants will learn the basic rules of developmental theories and how they affect ECE practice.
1. WHAT'S IMPORTANT ABOUT SELF-ESTEEM- abusers, victims, and survivors.
 2. WHERE SELF-ESTEEM BEGINS and how is it gained and lost?
 3. WHAT IS SELF-ESTEEM MADE UP OF?:
 4. CONCEPT OF DEVELOPMENTAL APPROPRIATENESS
 5. BASIC RULES OF DEVELOPMENTAL THEORIES
 6. WHY CHILDREN PLAY
 7. CONCEPT OF DEVELOPMENTAL APPROPRIATENESS
 8. DEVELOPMENT OF SYMBOLIC PLAY
 9. PLAY ISSUES FOR SPECIFIC STAGES OF DEVELOPMENT
 10. SETTING ENVIRONMENT
 11. THE FOUNDATION: Seven fundamentals to building Self-Esteem in the Adult-Child System.
THE BUILDING: Seven guidelines to Building Self-Esteem in Children.
 12. PIAGET'S STAGES OF COGNITIVE DEVELOPMENT
 13. IMPLICATIONS FOR PRACTICE AND INTERACTION
 14. AINSWORTH'S PATTERNS OF ATTACHMENT THEORY
 15. SELMAN'S FIVE STAGES OF ROLE TAKING
 16. ERIK ERICKSON EIGHT AGES OF MAN
 17. KOHLBERG'S SIX STAGES OF MORAL REASONING (THREE LEVELS)*
 18. EGOCENTRISM IN ADOLESCENTS' THOUGHTS