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PSYCHOTHERAPY-COUNSELING - STAFF DEVELOPMENT - CONSULTING
Licensed Marriage & Family Therapist, MFC 32136
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LICENSE:

Marriage & Family Therapist, MFT32136, State of California, 1994.

CREDENTIALS:

Multiple Subjects Teaching Credential, State of California, 1976.

Single Subject Teaching Credential- Social Science, State of California, 1977.

EDUCATION:

Doctor of Philosophy in Higher Education & Social Change, Western Institute for Social Research, Berkeley, 2013.

Masters of Arts in Psychology, Western Institute for Social Research, Berkeley, 1991.

Teacher Credential Program, Black Asian Chicano & Native American Urban Program, University of California, Berkeley, 1976.

Bachelor of Arts in Psychology and Social Science, University of California, Berkeley, 1975.

Alcohol & Drug Abuse Studies, University of California, Berkeley Extension; University of California, Berkeley, School of Public Health, 1992.

PUBLICATIONS:

Books:

Difficult Behavior in Early Childhood, Positive Discipline for PreK-3 Classrooms and Beyond, Corwin Press, Thousand Oaks, CA., July 2006.

The One-Minute Temper Tantrum Solution, Strategies for Responding to Children's Challenging Behaviors, Corwin Press, Thousand Oaks, CA, 2008.

Getting Beyond Bullying and Exclusion PreK-5, Empowering Children in Inclusive Classrooms, Corwin Press, Thousand Oaks, CA, 2009.

Animal Masks and Puppets, Symbiosis Press, Mill Valley, CA, 1987.

Dinosaur Masks and Puppets, Price, Sloan, and Stern, Publishers, Los Angeles, CA, 1986.

Predator Prey Puppets and Masks, Symbiosis Press, Mill Valley, CA, 1985.

E-Books:

Conflict, Control, and Out of Control in Couples and Couple Therapy. Smashwords. 2013. Available at <https://www.smashwords.com/books/view/330821>

Down the Relationship Rabbit Hole, Assessment and Strategy for Therapy. Smashwords.com. 2013. Available at <https://www.smashwords.com/books/view/383720>

How Dangerous is this Person? Assessing Danger and Violence Potential Before Tragedy Strikes. Smashwords. 2013. Available at <https://www.smashwords.com/books/view/313775>

I Don't... You Don't... It Don't Matter, Depression and Anxiety in Couples and Couple Therapy. Smashmouth.com. 2013. Available at <https://www.smashwords.com/books/view/356036>

Mine, Yours, and Ours, Addiction and Compulsivity in Couples and Couple Therapy. Smashwords. 2013. Available at <https://www.smashwords.com/books/view/350764>

Off, Odd, Different... Special? Learning Disabilities, ADHD, Aspergers Syndrome, and Giftedness in Couples and Couple Therapy. Smashwords. 2013. Available at <https://www.smashwords.com/books/view/354984>

Opening the Can of Worms, Complications in Couples and Couple Therapy. Smashmouth.com. 2013. Available at <https://www.smashwords.com/books/view/360657>

Ouch! Where'd that come from?! The Borderline in Couples and Couple Therapy. Smashwords. 2013. Available at <https://www.smashwords.com/books/view/326747>

Scorpion in the Bed, The Narcissist in Couples and Couple Therapy. Smashwords. 2013. Available at <https://www.smashwords.com/books/view/322342>

Sorry is not Enough, Affairs and Infidelity in Couples and Couple Therapy. Smashwords. 2013. Available at <https://www.smashwords.com/books/view/344102>

The Sun, the Moon, and the Stars, Dependency and Histrionics in Couples and Couple Therapy. Smashwords. 2013. Available at <https://www.smashwords.com/books/view/340053>

Therapy Interruptus and Clinical Practice, Building Client Investment from First Contact through the First Session. Smashwords.com. 2013. Available at <https://www.smashwords.com/books/view/371431>

Out of the Developmental Chrysalis in Intimacy and Relationship Therapy. Smashwords.com. 2013. Available at <https://www.smashwords.com/books/view/388735>

Born that Way, Temperamental Challenges in Relationships and Therapy. Smashwords.com. 2013. Available at <https://www.smashwords.com/books/view/390680>

Ghosts and Guests from Family Past. Smashwords.com. 2013. Available at <https://www.smashwords.com/books/view/392509>

Roles, Rigidity, Repair, and Renovation in Relationships and Therapy. Smashwords.com. 2014. Available at <https://www.smashwords.com/books/view/399025>

Out of the Monkey Trap, Breaking Negative Cycles for Relationships and Therapy. Smashwords.com. 2014. Available at <https://www.smashwords.com/books/view/403533>

Mirror Mirror... Reflections of Self-Esteem in Relationships and Therapy. Smashwords.com. 2014. Available at <https://www.smashwords.com/books/view/420249>

All Relationships and Therapy are Multi-Cultural- Family and Cross-Cultural Complications. Smashwords.com. 2014. Available at <https://www.smashwords.com/books/view/431172>

Therapy? What's Therapy!? Smashwords.com. 2014. Available at <https://www.smashwords.com/books/view/441987>

Journal Articles:

Why Do You Pick Up a Crying Baby? The Therapist, California Association of Marriage & Family Therapists, 2014.
"Huh? What!?" 13 Reasons for Missing Social Cues. The Therapist, California Association of Marriage & Family Therapists, 2013.

"Make Me An Offer, so I Can Spit On It!" Problematic Adolescent Games and the Adults Who Get Played, The Therapist, California Association of Marriage & Family Therapists, 2012.

How Dangerous is My Client, The Therapist, California Association of Marriage & Family Therapists, 2007.

Therapy and Life with the Elder from Hell, The Therapist, California Association of Marriage & Family Therapists, 2004.

Online Courses:

Child Abuse Prevention: Physical Abuse from Excessive Corporal Punishment Assessment Criteria and Indicators for Intervention, Parent Education, and Prevention, Online course for the National Association of Social Workers-California Chapter, 2007.

Client Presentations and Professional Vulnerabilities that Lead to Legal and Ethical Violations, Online course for the National Association of Social Workers-California Chapter, 2007.

Why Difficult Children are Difficult - Six Questions for Assessment, Online course for the National Association of Social Workers-California Chapter, 2007.

Online Articles:

www.RonaldMah.com, Monthly Online Articles on Parenting, Child Development, Discipline, & Intervention.

Careguide, Inc.- Elder and Child Care Resource & Referral, Monthly Articles on Parenting, Child Development & Discipline, January 1999 to 2000.

Blog on Teenagers:

Make Me An Offer So I Can Spit On It! <https://wordpress.com/stats/insights/ronaldmah.wordpress.com>

Curriculum:

Asian & American Cross Cultural Parent Education Manual, Asian Pacific Islander Parent Education Support (APIPES), Department of Social Services, City & County of San Francisco, 1996.

4th-6th Grade Social Science Reader, Asian-American History, Berkeley Unified School District, Berkeley, CA, 1977.

DVDs:

Building Self-Esteem in the Adult Child System w/ the 90 Second-A-Day Self-Esteem Prescription Plan, Fixed Earth Films, Pittsburg, CA., 2005.

Victims, Abusers/Bullies, & Survivors, The Dynamics of Self-Esteem in Aggression and/or Violence, Fixed Earth Films, Pittsburg, CA., 2005.

Temper Tantrums!! "The One Minute Temper Tantrum Solution!," Fixed Earth Films, Pittsburg, CA., 2005.

Understanding Children... Understanding Behavior... for More Effective Discipline, Fixed Earth Films, Pittsburg, CA., 2005.

Childhood Stress, How to Build a Powerful Child, Fixed Earth Films, Pittsburg, CA., 2006.

Just Playing is Just Great, "Articulating Play's Importance," Fixed Earth Films, Pittsburg, CA., 2006.

Temperament and Personality Affecting Behavior and Relationships, "What's With This Kid?" Fixed Earth Films, Pittsburg, CA., 2006.

Basic Rules of Developmental Theories, How Growth Happens, Fixed Earth Films, Pittsburg, CA., 2006.

Developmental Theories II, “Practical Applications for You... and Yours”, Fixed Earth Films, Pittsburg, CA., 2006.

Developmentally Appropriate Practice and Growth, “Learning the Rules of Life”, Fixed Earth Films, Pittsburg, CA., 2006.

Conflict Resolution, with the Working it Out Plan, Fixed Earth Films, Pittsburg, CA., 2008.

Using Time Out, 3 Problematic Theories & 1 That Works, Fixed Earth Films, Pittsburg, CA., 2008.

Setting Boundaries and Following Through, Fixed Earth Films, Pittsburg, CA., 2008.

Punishment and Praise w/sample Incentive Plan and Behavior Plan, Fixed Earth Films, Pittsburg, CA., 2008.

The 10 Most Important Skills for a Child’s Achievement, Relationships, and Community, Fixed Earth Films, Pittsburg, CA., 2008.

Determining Violence Potential, Assessment for Acting Out, Bullying, Aggression and Violence, Fixed Earth Films, Pittsburg, CA., 2008.

Assessment to Results, How to figure out the “Why” of Behavior to get to the “What to do” of Discipline, Fixed Earth Films, Pittsburg, CA., 2008.

Learning Diversity, Social & Emotional Issues and Disabilities in Children, Fixed Earth Films, Pittsburg, CA., 2008.

Missing Social Cues, 13 Reasons Why Children Don’t Get It, Fixed Earth Films, Pittsburg, CA., 2008.

Transitions and Change, Compensation Techniques for Transition Difficulty, Fixed Earth Films, Pittsburg, CA., 2008.

Doctoral Projects- Foundations and Principles in Couples Therapy (2009-2010):

- **Psychodynamic, Family, & Cross-Cultural Complications in Couples Therapy-** Oct. 2009.
- **What is Couples Therapy-** Nov. 2009.
- **The First Session- Seven C’s of Couples Therapy: Connection, Credibility, Control, Communication, Container, Capacity, & Clarity-** Jan. 2010.
- **Initial Assessment of the Couple’s Relationship-** June 2010.
- **Developmental Principles in Couples-** July 2010.
- **Temperament, Personality, and Couples-** Aug. 2010.
- **Family-of-Origin Issues in Couples-** Sep. 2010.
- **Structural Principles in Couples-** Oct. 2010.
- **Strategic Principles in Couples-** Nov. 2010.
- **Self-Esteem Theory & Communication Principles in Couples-** Dec. 2010.

Doctoral Dissertation Project- Major Complications in Couples Therapy (2011-2013):

- **Depression & Anxiety in Couples-** Feb. 2011.
- **Learning Disabilities, ADHD, Aspergers Syndrome & Gifted Issues Affecting Couples Dynamics-** Apr. 2011
- **Third Partners in Couples: Bipolar, PTSD, & Personality Disorder Complications-** May 2011.
- **Borderline Personality Disorder in Couples Therapy-** July 2011.
- **Narcissistic Personality Disorder in Couples Therapy-** Feb. 2012.
- **Dependent and Histrionic Personality Disorders in Couples Therapy-** July 2012.
- **Paranoid Personality Disorder in Couples Therapy-** July 2012.
- **Domestic Violence in Couples Therapy Part I: From Aggression to Abuse- Bully-Victim Dynamics-** Sep. 2012.
- **Domestic Violence in Couples and Couples Therapy PART II: Antisocial Personality Disorder and Violence Potential,** Oct. 2012.
- **Addictions, Compulsivity, Relapse, and Relapse Prevention in Couples Therapy-** Nov. 2012.
- **Betrayal, Infidelity, and Affairs in Couples Therapy-** Jan. 2013.

PROFESSIONAL EXPERIENCES:

Nov. 1994 - present

Licensed Marriage & Family Therapist, Private Practice, San Leandro, CA.

Oct. 1991 - present

Faculty, Head of Marriage Family Therapy- Masters of Psychology Program, Western Institute for Social Research, Berkeley, CA.

June 2021 – present
Jun. 2008 – May 2012

Board of Directors, California Association of Marriage & Family Therapists

2001 – 2021

**Continuing Education Program Approval Committee (2015-present);
Audit Committee (2017-present); Editorial Committee (2017-2018);**

Purview Committee (2014-2019), Nomination Committee (2015 & 2016): Ethics Committee (2001-2008), and others; California Association Marriage & Family Therapists

2018 **Board of Directors**, Eastbay Chapter of the California Association of Marriage & Family Therapists

Mar. 2014 – 3.17 **Executive Vice-President, Behavioral Sciences**, PrivateTree, Union City, CA

July. 2015 – 2018t **Fetal Infant Mortality Review**, Alameda County Dept. of Public Health

2017 **Executive Director Search Committee**, California Association of Marriage & Family Therapists

Sept. 2009 – June 2017 **Child Death Review Team**, Alameda County Social Services

Feb. – Dec. 2013 **Consultant for Adolescent and Young Adult Residential Program-post psychiatric hospitalization**, Casa de la Vida: Berkeley Place, Oakland, CA

Jan. 2007- May 2011 **Board of Directors**, California Kindergarten Association.
Jan. 1999 – Jan. 2002

May 2001 – May 2008 **Ethics Committee**, California Association of Marriage & Family Therapists

Sep. – Dec. 2006 **Diversity and Leadership Consultant**, Cisco Corporation, San Jose, CA

Jan. – Mar. 2006 **Faculty, Marriage Family Therapy- Masters of Psychology Program**, New College of California, San Francisco.

Dec. 2001 – 2004 **Consultant for Child Behavior & Discipline**, East Bay Conservation Corp Charter School, Oakland.

Jul.-Aug. 2003 **Educational Consultant/Small Group Trainer**, Association for Advanced Training in the Behavioral Sciences

Jan. 1998 – Mar. 2003 **Mental Health & Child Development Consultant**, Child Development Resources of Ventura County, Oxnard.

June 1996 – Jul. 2000 **Staff Development & Training for Parent Educators**, Asian Pacific Islander Parent Support, San Francisco.

Apr. 2001 – Oct. 2001 **Consultant-Trainer, Anti-Violence & Diversity Programs**, Cathedral School, San Francisco.

May 1998 – Jan. 2002 **Clinical Consultant for At-Risk Adolescents and Young Adults & Welfare to Work Programs**, Juma Ventures, San Francisco.

Oct. 1999 – Feb. 2001 **Consultant-Trainer, Social Justice & Diversity Program**, Berkwood Hedge School, Berkeley.

Jan. 2000 – May 2001 **Clinical Supervisor of Child and Family Services**, Asian Community Mental Health Services, Oakland.

Oct. 1996 – May 2000 **Clinical Consultant for Severely Emotionally Disturbed Adolescents & Welfare to Work Programs**, Jewish Vocational Services, San Francisco.

Jul. – Dec 2000 **Clinical Consultant & Trainer for Vocational Programs for Homeless Youth**, Youth Industry, San Francisco.

Jul. 2000 **Trainer**, National Association of Independent Schools, Office of Diversity-

Call to Action 2000, San Anselmo.

- Jul. 1995 – Dec. 1998 **Clinical Supervisor;** for Children's Services Clinicians Richmond Area Multi-Services (RAMS), San Francisco;
- Jul. 1995 – Aug. 1998 **Child/Family Therapy Consultant** for RAMS staff;
- Jul. 1995 – July 1998 **Clinical Supervisor for Severely Emotionally Disturbed/Mental Health (SED/MH) Partnership Programs** (four SFUSD High Schools)-RAMS;
- Jul. 1995 - June 1996 **Clinical Supervisor;** RAMS-San Francisco Unified School District Washington High Teen Mental Health Clinic;
- Jul. 1995 - June 1996 **Children's Group Counselor/Consultant-** Lafayette Elementary School; San Francisco, RAMS;
- Sep. 1993 - Aug. 1995 **Mental Health Clinician for Severely Emotionally Disturbed Adolescents -** SED class at Washington High School- San Francisco, RAMS.
- Oct. 1991 – present **Consultant, Trainer & Presenter,** Colleges, Schools, Early Childhood Education, Head Start, Child Abuse Councils, Drug & Alcohol Recovery, Mental Health Agencies, Foster Care, & Homeless Shelter Programs & Conferences; Staff Development & Client Relations, Agency Team Building; Multi-Cultural/Diversity Training. The following is a partial list of programs served:
- Workshop/Seminar Presenter,** California Association of Marriage & Family Therapists, San Diego, Annual Conferences & Professional Development Workshops
- Mental Health Consultant,** Wu Yee Children's Services (Head Start), San Francisco.
- Organizational & Clinical Consultant,** Contra Costa Child Care Council, Concord.
- Consultant & Foster Parent Educator,** Center for the Vulnerable Child- Children's Hospital, Oakland.
- Mental Health & Child Development Consultant,** Staff Development & Training (Head Start), Child Family Community Services, Fremont.
- Organizational Consultant,** People of Color in Independent Schools, N. California.
- Mental Health & Child Development Consultant;** San Joaquin County Head Start.
- Staff Development, & Child Development & Mental Health Consultant,** Redwood Day School, Oakland.
- Therapy Skills Educator,** Brief Therapy Trainings for Child, Youth, and Family Services, Department of Mental Health, City and County of San Francisco.
- Consultant to Emergency Foster Parents,** Children's Shelter Care Project- Department of Social Services, Alameda County.
- Mental Health Consultant,** Xanthos Inc., Alameda Head Start, Alameda.
- Mar. 1992 - 1996 **Instructor of Human Growth & Development and Early Childhood Development,** Chabot College, Hayward.
- Jan. 1992 - Nov. 1994 **Psychotherapist,** MFCC Registered Intern working in the practice of Edward Schmookler, Clinical Psychologist, Berkeley-Albany.
- Apr. 1989 - Apr. 1993 **Director,** Saybrook Learning Center of Castro Valley, Castro Valley, CA.
- Feb. 1991 - Dec. 1991 **Senior Counselor, Drug Diversion Group Lead Counselor, Client Services,** The Way Home Foundation Community Counseling Centers, Berkeley, Walnut Creek, & San Francisco, CA.
- Apr. 1988 - Aug. 1989 **Coordinator & Office Manager,** The Way Home Foundation Community Counseling Centers, Berkeley, Walnut Creek, & San Francisco, CA.
- Sep. 1978 - July 1989 **Owner/Director,** Ronald & Kim's Preschool & Daycare, Berkeley, CA.
- Sep. 1977 - June 1978 **Teacher,** Yellow Brick Road Preschool & Kindergarten, El Cerrito, CA.
- June 1976 - Aug. 1977 **Kindergarten Teacher & Junior & Senior High School Teacher-Writers Project & History,** Asian American Summer School; **Curriculum Writer,** Ethnic Studies; Berkeley Unified School District, Berkeley, CA.