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## **Speak your mind— even if your voice shakes**

“Go to the people at the top—that is my advice to anyone who wants to change the system, any system. Don’t moan and groan with like-minded souls. Don’t write letters or place a few phone calls and then sit back and wait. Leave safety behind. Put your body on the line. Stand before the people you fear and speak your mind—even if your voice shakes. When you least expect it, someone may actually listen to what you have to say. Well-aimed slingshots can topple giants.”

**Maggie Kuhn**