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USE OF CHARACTERISTICS: APPLICABILITY, STRATEGY INDICATED, CHALLENGE

Characteristic, Criteria, or Element	Applicable	Intervention or strategy indicated	Therapeutic Challenges
Trigger	Yes	Identify & remove triggers	Multiple triggers & identifying symbolic triggers
	No	Not focus for intervention	Negative behavior may be unpredictable or opportunistic
Opportunistic	Yes	Identify & eliminate opportunities	Difficulty eliminating & multiple alternative opportunities & identifying motivations
	No	Not focus for intervention	Negative behavior may be unpredictable or intensely triggered
Entitlement	Yes	Remove entitlement, change expression, or block w/negative consequences	Entrenched entitlement- assumed equity definitions
	No	Directly assert harm as wrong	Risk of being judgmental & provoking defensiveness
Self-Righteous	Yes	Challenge or alter moral stance	Rigid morality- hidden values
	No	Assert amorality of behavior	Risk of being judgmental & provoking defensiveness & implicit or secret dysfunctional values
Ego-Syntonic	Yes	Invoke and evoke change in identity	Intractable Identity tied to compulsive & compelling unacknowledged underlying issues
	No	Challenge as failing existing positive sense of self	Identifying & evoking adaptation in self-definition
Self-Esteem	Yes	Provide way to enhance self-esteem	Damaging already fragile self-esteem or low self-esteem
	No	Challenge behavior directly	Risk triggering resistance or defensiveness based on unidentified other motivations
Arousal	Yes	Reduce arousal or shift arousal	High emotional reactivity
	No	Focus on logic or functionality	Emotional disconnection or underlying antisocial PDO
Pleasure	Yes	Remove pleasure & create adverse consequences	Difficulty removing, lack of alternatives, or underlying antisocial PDO
	No	Intensify adverse consequences	Risk of causing resentment & feeling victimized
Resentment	Yes	Identify & resolve resentments	Deeply embedded resentments, investment in resentments, or paranoia
	No	Directly focus on benefits and functionality	Hidden and unacknowledged resentments
Functional Reinforcement	Yes	Emphasize/increase negative effects & block positive reinforcement	Competing positive social, financial, or power benefits
	No	Identify negative consequences & other motivations	Difficulty identifying compelling relevant negative reinforcements
Characterological	Yes	Identify & facilitate characterological change	Identifying & altering characterological issues
	No	Problem-solve behavior based on situation	Identifying and addressing unacknowledged influences & vulnerability
Transitory	Yes	Prevent reoccurrence & relapse prevention	Identifying & addressing causes or unacknowledged influences
	No	Identify pattern & causes of behavior	Altering habitual or characterological issues
Isolation/Avoidance	Yes	Create feedback mechanisms/references & emphasize non-social consequences	Lack of or avoidance of (denial, minimizing, projection) reality checks & social feedback
	No	Activate social responsibility, reputation concerns, & negative social consequences	Social dynamics, peer group, & media culture validating negative behavior
Social	Yes	Activate social responsibility, reputation concerns, & negative social consequences	Social dynamics & peer group, & media culture validating negative behavior
	No	Emphasize negative non-social consequences & create feedback	Lack or avoidance of (denial, minimizing, projecting) reality check & missing social feedback
Remorse	Yes	Provoke & utilize remorse as motivation	Risk of shaming or activating self-condemnation
	No	Finding other personal motivation for change	Lack of guilt or shame in harming others to motivate change- does not care
Empathy	Yes	Provoke relatedness with others feelings	Inaccurate projection or interpretation of others feelings- over-sensitivity
	No	Facilitate emotional relatedness or finding alternative motivations	Feelings competition complicating compassion-based therapy or underlying antisocial PDO
History	Yes	Identify and break pattern	Entrenched patterns
	No	Problem-solve behavior based on situation	Identifying and addressing unacknowledged influences