# MODERN PARENTING AND TRADITION BALANCING THE OLD & NEW

Traditional parenting was arguably appropriate for traditional times, but transfers at times well and at times poorly to modern demands. Modern parenting often has different goals- fulfilment, creativity, and risk taking than traditional strategies to sustain the status quo. Understanding these differences significantly aid parents in their discipline and support of their children.

#### THREE GOALS FOR CHILDREN:

- 1. Positive sense of self, along with a sense of excellence
- 2. Strong work ethic
- 3. Sense of personal integrity and responsibility to others

#### **SUCCESSFUL PARENTING has THREE + ONE COMPONENTS:**

- 1. successful management of daily life and interrelationships at home, in school, and in the community;
- 2. helping children have a successful childhood- a sense of safety & security, family security, appropriate power and control, school success, self-esteem, positive peer relationships;
- 3. preparing their children for successful adult life-financial security and affluence, personal and family security, power and control in their lives;
- 4. accomplishing the first two components (daily management & a happy childhood) without harming the third (preparation for adult life).

## SUCCESSFUL PARENTING means simultaneously, the PARENTS being able to AND preparing CHILDREN to:

Gain power & control in their adult lives; have successful careers; be successful in school (including college); acquire financial success- money; acquire skills useful in the society; develop values for successful choices in their lives; develop self-esteem; have a functional family; develop verbal-social-cultural fluency; avoid victimization; and be survivors.

Culture is the collection of ATTITUDES, VALUES, BELIEFS, & BEHAVIORS that promote SURVIVAL in the community one lives in.

The culture of one society/community is often <u>not</u> successful in a different society/community!!

#### CULTURE tends to be CONSERVATIVE

Culture is usually very slow to respond to changes in the environment- historically the environment is <u>extremely</u> slow to change.

Currently, because of rapid technological changes <u>and</u> because of changing societies the environment has changed quickly and fundamentally, while culture remains slow and even resistant to change!!

In America, parents- particularly those close to immigration often face at least three types of different societies/communities, where there are at least three different sets of cultural standards to consider:

Country of Origin vs. American Society & Culture Home vs. School vs. Work Society & Culture Child vs. Teen vs. Adult Society & Culture



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SUCCESSFUL PARENTING involves being aware of the demands of the societies ones child faces: The CURRENT CHILDHOOD SOCIETY

The CURRENT TEEN SOCIETY

The CURRENT AMERICAN SOCIETY

The IMMINENT ADULT SOCIETY the CHILD will face

- ❖ The Adult's culture without adjustment cannot be successful for their children.
- ❖ Parents need to recognize and respect the culture of their children- and their survival instincts.
- Children face tremendous pressure to acquire the cultural standards of their communities.
- Cross-cultural conflict decreases with an appreciation of cultural differences <u>and</u> common needs.

### Successful parenting leads to SELF-ESTEEM for the child and for the parent

Successful Parenting & being a successfully parented child in terms of self-esteem involve: Significance, moral virtue, power & control, and competence.

#### PARENTS OF SUCCESSFUL CHILDREN:

- are considered significant by their peers and the community;
- live up to the moral virtue as good parents;
- feel they have more power & control in their lives;
- see themselves as competent raising children.

#### SUCCESSFULLY PARENTED CHILDREN

- benefit from being significant to the important people in their lives, including their parents;
- live up to the moral virtue as good children;
- have more power & control in their lives;
- feel competent doing the things that are important for selves and in pleasing their parents.
- An unexpected stress of parenting comes from the parents' expectation that their children would maintain the parents' cultural identity in America, or in the evolving society.
- ❖ Parents can be overwhelmed by the complexity of parenting Americanized (or modern) children, as well as dealing with other life issues.
- A Parents need to attend to their own needs- especially their stress issues to be effective parents.



### **Parenting Styles/Results in Children**

	set limits	no limits
sensitive	authoritative (healthiest)	permissive (neurotic)
insensitive	authoritarian (defiant)	absent (abandoned)