

## "What First...Intervention Last" ASSESSMENTS IN INTERVENTION & TREATMENT PLANNING IN THERAPY & OTHER HUMAN SERVICES WORK

## **FORMAT:**

Lecture and Discussion- Participants are encouraged to make the workshop more relevant to their concerns by asking questions.

## **DESCRIPTION:**

The presentation brings together family life cycle theory, family systems theory, couples therapy principles, communication theory, developmental theories, and other psychological and sociological theories to aid in the assessment process that precludes intervention. Useful for both therapists and other human services professionals and paraprofessionals in determining how to best approach individuals and families in need.

## **SUMMARY OF CONTENT:**

- 1) THE SIX STEP PROCESS FROM ASSESSMENT TO CHANGE ASSESSMENT--> THEORY--> MODEL--> STRATEGIES--> INTERVENTIONS--> CHANGE
- 2) THE BASIC DIAGNOSTIC HIERARCHY FOR ASSESSMENT KISS
- 3) DEVELOPMENTAL ASSESSMENTS: Child, Adolescent, and Adult Piaget, Erickson, Selman, Family Life Cycle, Regression, & Fixation
- 4) TEMPERAMENTAL ASSESSMENT
- 5) FAMILY ASSESSMENT
- 6) SELF-ESTEEM ASSESSMENT
- 7) RELATIONSHIP ASSESSMENT
- 8) STRESS RESPONSE ASSESSMENT
- 9) ATTACHMENT ASSESSMENT
- 10) MORALITY ASSESSMENT
- 11) HOPE ASSESSMENT